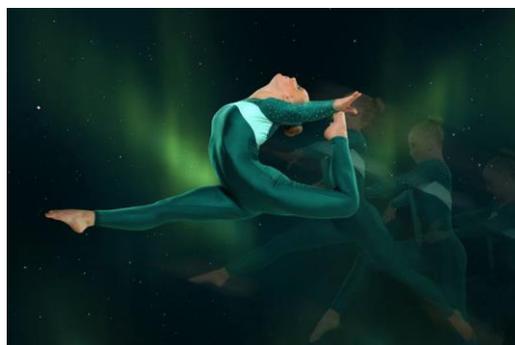




## International Coaching Internship for TeamGym (ICIT)



### INTRODUCTION

The **International Coaching Internship for TeamGym (ICIT)** is an initiative to find coaching placements for TeamGym Coaches with high potential (called Interns), who wish to gain and share experience throughout Europe. The Programme is overseen by the UEG TeamGym Technical Committee and aims to:

- ✚ Inspire and give valuable experience to the coaches of the future
- ✚ Share expertise in TeamGym
- ✚ Invest in the future of TeamGym

The Programme is currently open to young coaches between 18 and 25, with an interest or expertise in TeamGym, for them to gain further experience. The programme also includes for experienced coaches to support less experienced clubs.

### What is an Intern?

A young person who works without pay to gain experience.



## What is TeamGym

TeamGym is a gymnastic discipline where teams perform in the three gymnastics events of Floor, Tumble and Trampet (mini-trampoline). For more information, follow this link.

<http://www.ueg.org/files/page/editor/files/Flyer%20TeamGym%20rev%281%29.pdf>

## Who Benefits?

- ✚ Interns gain experience; make new friends/contacts across Europe.
- ✚ Hosts get free coaching from the Intern.
- ✚ Federations gain networking opportunities for their TeamGym discipline, clubs & young coaches.

## How does it work?

Young coaches (Interns) and interested Clubs or Federations (Hosts) should consult their home federation for approval and complete the online application form. The Programme Administrator will communicate directly with the applicants and the UEG Office will verify that home federation approval has been gained.

The Programme Administrator will try and match as many Interns with Hosts as possible.

## Responsibilities of the Federation

Each Federation may set whatever additional criteria they wish before accepting applications (e.g. a minimum level of qualification).

The Federation is requested to try and ensure the number of Interns and the number of Hosts from their country is approximately matched.

Some federations may wish to offer payment of travel costs for applicants who agree to feed back into their coaching groups.

## Responsibilities of the Intern

Interns should submit their application and gain approval from their Federation in good time as soon as possible. Interns will cover their own travel costs to and from the area of their placement.

## Responsibilities of the Host

Where ever possible the host should try to offer airport transfers, accommodation and meals for the Intern who will be working for them for free over their stay of 4-6 days. A clear programme of coaching timetable and other activities should be agreed.

## Responsibilities of the Programme Administrator

The PA will inform the applicants of their success and put them in touch with each other. Detailed arrangements will be made between the Host and the Intern.

The PA will inform unsuccessful applicants by the confirmation date.

If any Intern/Host declines a placement offer, then the PA will try and rearrange alternatives.

## Applications

Host Application Form <https://goo.gl/forms/3keSC4PrAxa5dGTG2>

Intern Application Form <https://goo.gl/forms/UvRyb9fETPZRaCav2>

Programme Administrator: Dr Peter Tranckle (UEG TeamGym Technical Committee Secretary) – [peter.tranckle@british-gymnastics.org](mailto:peter.tranckle@british-gymnastics.org)

## After the Internship

The Interns and Hosts are requested to complete a short questionnaire within 2 weeks of completion of the Internship. This will help with future placements. It is expected that anyone participating in the Programme will contribute to this process.

Applications forms for Interns and Hosts are attached.